



# 3<sup>RD</sup> SUNDAY OF LENT

## March 8, 2026



### Sacred Heart Catholic Church

507 East 4<sup>th</sup> Street, Alturas, CA 96101

### St. James Mission Church

601 Bonner St., Cedarville, CA 96104



**Rev. Fr. Martin J. Ramat, *Pastor***

[SacredHeart-Alturas.org](http://SacredHeart-Alturas.org)

(530) 233-2119



#### Sacred Heart Church

**Masses:** Saturday 4:30pm; Sunday 10:30am

**Bilingual Mass:** 4<sup>th</sup> Sunday 10:30 AM

**Daily Mass:** Tue—Fri at 12:15 PM

**Confessions:** Saturday 3PM—4PM or by Appointment

**Adoration:** Thursdays 6pm until Fridays 4:30pm.

#### St. James Church

**Mass Sunday:** 8:30 am

**Confession:** Before Mass



### *From the Pastor's Desk... On the Holy Mass*

**Pastor's Mission Statement:** *Appointed as a servant-leader of Sacred Heart Parish and St. James Mission, I commit myself to journey with and empower each parishioner to grow in the love of God and His Church in accordance with the Sacred Heart of his Son Jesus through our sacramental, liturgical and social celebrations and participation to build our community an Amazing Parish.*



### THE NICENE CREED

The *Nicene Creed* is the Church's solemn Profession of Faith. It is prayed on Sundays and solemnities after the homily as the assembly's response to the Word of God. Having listened to Scripture proclaimed and explained, the Church now stands together and declares what she believes.

*The Historical Origin:* On 325 A.D., the Nicene Creed was formulated at the First Council of Nicaea and expanded at the First Council of Constantinople in 381 A.D. Because of its expansion, it is also called the Niceno-Constantinopolitan Creed. These Councils responded to heresies that denied the full divinity of Christ and clarified essential Christian doctrine. The Creed safeguards the truth about who God is and who Christ is.

*The Structure of the Creed:* The Creed is Trinitarian, structured around the three Persons of the Trinity. *First*, faith in the Father, "I believe in one God, the Father almighty..." This means that God is Creator of all things, visible and invisible and He is the source of all life and love. *Second*, a longer section is focused on our faith in the Son, Jesus Christ, "Begotten, not made, consubstantial with the Father." This affirms that Jesus is truly God, not a creature and professes the Incarnation ("For us men and for our salvation he came down from heaven...") And finally, it proclaims His Passion, death, Resurrection, and Second Coming. And the *third*, faith in the Holy Spirit, "The Lord, the giver of life..." This means that the Spirit is fully divine, He proceeds from the Father and the Son and He animates the Church and speaks through the prophets.

*Ecclesial and Sacramental Meaning:* The Creed also professes belief in (a) one, holy, catholic, and apostolic Church; (b) one Baptism for the forgiveness of sins; (c) the resurrection of the dead; and (d) the life of the world to come. Thus, it connects faith in God with faith in the Church and eternal life.

*The Liturgical Role:* The Creed is not private belief but communal faith. We say "I believe" because each person assents personally, yet we proclaim it together as one Body. It serves as a response to the Word, a summary of salvation history and a preparation for the Eucharistic sacrifice.

*In summary*, the Nicene Creed is a product of the early ecumenical councils, a defense of Christ's full divinity, a Trinitarian profession of faith, a declaration of what the Church believes and a bridge between the Liturgy of the Word and the Liturgy of the Eucharist. When we recite the Creed at Mass, we stand in continuity with Christians across centuries, professing the same faith handed down from the apostles.

## PARISH NEWS AND UPDATES

### MASS INTENTIONS

Sat	7	4:30pm	Fr. Ignacio Larrañaga †
Sun	8	8:30am	
		10:30am	Missa Pro Populo
Mon	9	NO MASS	
Tue	10	12:15PM	
Wed	11	12:15PM	Leale Harris †
Thu	12	12:15PM	
Fri	13	12:15PM	

† = Deceased SI = Special Intention

### Please Keep Them in Your Prayers:

Pat Wood, Don Mason, Janice Flynn, Marlene Hamilton, Martha McCarty, Lisa Velasco, Cordelia Rosendahl, Teresa Willoughby, Ray O'Malley, Miguel Rodriguez, Alfred Velasco, Don Carlson, Elwood Cantrall, Virginia Grove, Chic & Penny Keeney



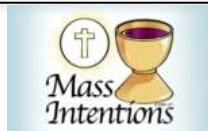
### Sunday Collection

Sacred Heart — \$1,194.00  
St. James — \$505.00

**Total Weekly Collection= \$1,699.00**  
**Weekly Projected Expense: \$2,535.00**  
**Total Difference = \$836.00**

*Our Sunday Collection is used to fund our day to day expenses. Thank you so very much for your support and generosity to our parish!*

*If interested to donate online automatically through the diocese, please scan the QR code above. Thank you! — Fr. Martin*



### MASS INTENTIONS?

If you want weekday Masses be celebrated or offered for the intentions of someone or something to be prayed for. Please use the envelopes at the vestibule, write your intentions then drop them in the collection baskets.

### What Are the Scrutinies in the OCIA?

During Lent, our Parish celebrates the Scrutinies with those who are preparing for Baptism at the Easter Vigil.

Their purpose is to purify the hearts of the Elect, to strengthen them against sin and temptation, to heal what is weak and to bring out what is good and holy.

These Rites include prayers of intercession, a laying on of hands, and a prayer for spiritual freedom and strength. They are not confessions or public examinations, but moments of grace and preparation for new life in Christ.

The Scrutinies are three special Lenten rites of purification and enlightenment for the Elect. Each Scrutiny is connected to a powerful Gospel: The Samaritan Woman (Christ the Living Water) on the 3<sup>rd</sup> Sunday of Lent; the Man Born Blind (Christ the Light) on the 4<sup>th</sup> Sunday; and the Raising of Lazarus (Christ the Life) on the 5<sup>th</sup> Sunday of Lent.

While the Scrutinies are celebrated for the Elect, they are also an invitation to the whole Parish to enter more deeply into Lent through prayer, conversion, and renewal of our own Baptismal promises.

Please keep our Elect and their sponsors in your prayers as they prepare to receive the Sacraments of Initiation this Easter.

### ANNOUNCEMENTS

#### ❖ OCIA Schedule

- ▶ **March 14:** Rite of Calling to Continuing Conversion, 4:30PM
- ▶ **March 15:** Second Scrutiny, 10:30AM
- ▶ **March 22:** Third Scrutiny, 10:30AM
- ▶ **March 28:** Retreat

#### ❖ March 13, 20, 27 (Fridays of Lent)

- ▶ Stations of the Cross, 5:15PM
- ▶ Soup Dinner following
  - ▶ (Please bring your specialty soup to share)

### Communal Stations of the Cross: Our Lenten Journey

Praying the Stations of the Cross together on the Fridays of Lent helps our Parish Community walk spiritually with Jesus on His journey to Calvary. As we reflect on the Suffering of Jesus Christ, we are reminded of the depth of His love and the price of our redemption.

Celebrating this devotion communally strengthens our faith and unity as a Parish family. Praying together allows us to support one another in our Lenten journey of prayer, fasting, and conversion, while keeping our eyes fixed on the Mystery of the Cross that leads to the joy of Easter.



SACRED HEART CATHOLIC CHURCH

March 22, 2026 (Sunday)  
1:00PM  
Parish Hall  
507 E. 4<sup>th</sup> ST. ALTURAS, CA 96101

## HAM-BONE

Bingo

BINGO PRIZES: HAM  
BLACK OUT --\$150 CASH  
RAFFLE BASKETS \$2.00  
50/50 RAFFLE \$5.00  
DOOR PRIZES: VARIETY

BUY, ENJOY, WIN

REFRESHMENTS PROVIDED

CONTACT: VICTORIA LARRANAGA (530)708-0521  
Email: shpalturas@gmail.com

We adore You, O Christ, and we praise You, because  
by Your Holy Cross You have redeemed the world

## HOLY WEEK/EASTER

### MASS SCHEDULE

PALM SUNDAY (March 28/29)  
4:30 PM • 8:30 AM • 10:30 AM (Procession)

HOLY THURSDAY (April 2)  
5:15PM (Sacred Heart)

GOOD FRIDAY (April 3)  
2:00PM (Stations of the Cross)  
3:00PM (Passion, Communion Service)

EASTER VIGIL (April 4)  
7:30PM (Blessing of Fire & Baptisms)

EASTER SUNDAY (April 5)  
8:30 AM (St. James) • 10:30 AM (Sacred Heart)

Alleluia,  
Alleluia,  
Alleluia!!!

Sacred Heart Church

507 E. 4<sup>th</sup> St. Alturas, CA 96101